

Adhesive Wear Time

1. The wear time for the TD2 Adhesive Clip varies per activity level and skin type.
2. Wear the clip until it feels like the adhesive is coming loose or starts to feel uncomfortable.
3. It is recommended that you use a commercially available adhesive remover (spray) to remove the clip.
4. Literature recommends assessing the skin under adhesives at regular intervals. Until you have determined how your individual skin and activity level affects the adhesives, you may want to limit initial duration of wear to 3 to 4 days and adjust the time as needed as you learn more.

Removing the Clip

1. Remove the TD2 Therapy Disc from the clip.
2. **Apply the adhesive remover wipe or spray to the adhesive before and during clip removal to help loosen the adhesive.**
3. Using your finger, gently work between the adhesive and your skin to loosen the clip until it detaches.
Note: DO NOT peel the adhesive off quickly.
4. Discard the used clip.
5. Any adhesive residue should be cleaned using an adhesive remover wipe or spray.
DO NOT use alcohol.
6. Gently clean the skin, using **only mild soap and water.**

For more information and full instructions, please see the Patients Instructions for Use.

1. Journal of Wound, Ostomy and Continence Nursing, 2013;40(4):365-380.

Rx Only

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Quick Reference Guide

Nalu TD2 Therapy Disc and Adhesive Clip

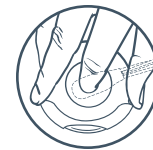
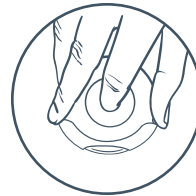


Preparing the skin

1. Make sure the skin is clean, use only mild soap and water. Do not use lotions, soaps, or body wash with additives in the area where the clip will be placed as these additives may interfere with the adhesive bonding.
2. Make sure the skin is dry. Wet skin will interfere with the adhesive bonding.
3. If necessary, shave hair with an electric razor, or trim hair as close as possible to the skin with scissors.

Applying the Clip

1. Remove the adhesive liner.
2. Grasp the clip between your thumb and finger and place your index finger through the center hole. Your index finger can be used to locate the implant.
3. Press the clip against your skin, ensuring the heel (where the TD2 Therapy Disc sits) is towards the bottom.

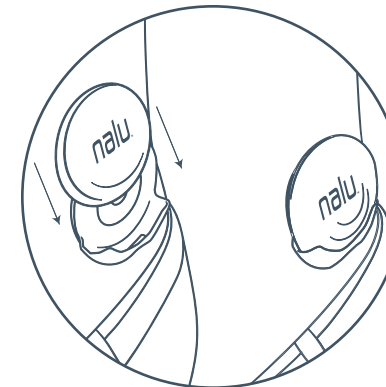


Note:

- Avoid placing the adhesive with the skin under tension.
- Ensure the adhesive is smooth when applying and does not have bunches or folds.

Placing the TD2 Therapy Disc

1. Slide the TD2 Therapy Disc into the open side of the clip until it clicks into place.
2. Ensure that the Nalu logo is facing away from your skin.



Removing the TD2 Therapy Disc

1. Grip the sides of the TD2 Therapy Disc.
2. Gently work one finger between the plastic of the clip and the TD2 Therapy Disc to unlock the TD2 Therapy Disc.
3. Gently lift the TD2 Therapy Disc away from the surface of your skin and out of the clip.

